



YOUR LIFE
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Pennsylvania Office of Developmental Programs Respite Fact Sheet

Service Limits:

- Respite services are limited to:
 - 30 units of day respite per participant in a period of one fiscal year, and
 - 480 units of 15-minute unit respite per participant in a period of one fiscal year (Consolidated Waiver).
 - 1440 units of 15-minute unit respite per participant in a period of one fiscal year (Community Living or P/FDS Waiver).
- Participants authorized to receive **15-minute unit** Respite services may not receive the direct portion of the following services at the same time: Community Participation Support; Small Group Employment; Supported Employment; Advanced Supported Employment; Education Support; Music, Art and Equine Assisted Therapy and Consultative Nutritional Services.
- Participants authorized to receive Respite services (**15-minute or Day**) may not receive the following services at the same time: Companion, In-Home and Community Supports, and Shift Nursing.
- Respite services may not be provided in hospitals, Personal Care Homes or public ICFs/ID (ICFs/ID that are owned and operated by any state).

Respite Types:

- Day respite: must be provided for periods of more than 16 hours and is billed using a daily unit.
 - Day respite is the only type of Respite allowable to be provided in Residential Habilitation, Life Sharing, private ICFs/ID, or licensed nursing homes.
- 15-minute respite must be provided for periods of 16 hours or less and is billed using a 15-minute unit.
 - Participants may not be authorized for 15-minute unit respite provided in Residential Habilitation settings, Life Sharing settings, private ICFs/ID, or licensed nursing.



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- When there is an authorization for both 15-minute and Day respite services, a shift (or shifts) worked in a 24-hour period that totals 16 hours or more will be entered as a Day respite code. If the shift (or shifts) within 24 hours are less than 16 hours, the 15-minute respite code is used.
- **Example 1:**
 - Tuesday - clocks in at 7:00 AM and clocks out at 7:00 PM.
 - Wednesday - clocks in at 2 AM to 6:59 AM
 - These shifts add up to 16 hours and 59 minutes, so both shifts should be Day Respite
- **Example 2:**
 - Tuesday - clocks in at 7:00 AM and clocks out at 7:00 PM.
 - Wednesday - clocks in at 2 AM to 12 PM
 - Thursday - clocks in at 2 AM to 7 AM
 - The Tuesday and Wednesday shift to 7:00 am should be Day Respite
 - The Wednesday shift at 7:01 am and the Thursday shift should be 15-minute Respite
- **Example 3:**
 - Wednesday - clocks in at 2 AM to 6:59 AM
 - Wednesday - clocks in again at 7 PM to 10 PM
 - These shifts add up to 7 hours and 59 minutes, so both shifts should be 15-minute Respite
- **Example 4:**
 - Shift beginning at 11:59 am and ending at 12:00 am, is a continuous shift and would be considered Day Respite

NOTES:

- Participants who receive Residential Habilitation or Supported Living Services may not bill Day Respite or 15-Minute Unit respite during the same time period.
- If the Respite occurs in a private home, that is not a Life Sharing home, and is located in Pennsylvania, Washington DC, or Virginia or a state contiguous to Pennsylvania as specified in the waiver (such as the private home of a friend, family member or neighbor), either 15-minute or day Respite may be approved and authorized (which is dependent on the number of hours of Respite provided as specified in the Respite service definition).