

# Empowering Self-Directed Care in Oregon



Nobody knows better than you what kind of care is best for you or your loved one. In Oregon, self-direction means you can hire the people you trust most to support you at home—such as a sibling, neighbor, or friend.

As the Employer of Record, you decide when to receive help and how your **Personal Support Worker** (PSW) can provide support. We will assist you with training, payroll, and scheduling. You're in control, backed by a team you can count on.

## Who is PPL?

When you choose to self-direct, PPL is your **Fiscal Management Agent Services** (FMAS) partner. We provide individualized support during your enrollment and onboarding process.

We pair you with an **Enrollment Specialist** to ensure you've successfully enrolled and help with changes to your services & PSW. We have a reliable, secure, and user-friendly web-based system that ensures you have access to the information you need when you need it.

Not only are we your FMAS partner, but we also offer **Employer Enhanced Supports** (EES), a package of individualized tools and training to support you in your new role as an Employer. We have three support levels depending on your needs and interests.

If you are enrolled in Oregon FMAS and want more control & support with your personal at-home care services, we would love to hear from you!

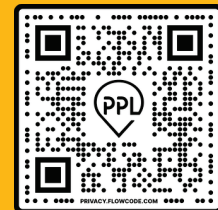


## We will help you...

- ✓ At the beginning of your self-direction journey
- ✓ Enroll and learn program requirements
- ✓ Hire, train, and support PSW
- ✓ Pay PSW
- ✓ Withhold and pay employment taxes
- ✓ Learn how to be a great employer

## Contact us here to learn more about Self-Direction!

- 📞 1-866-537-8386
- ✉ [learn@pplfirst.com](mailto:learn@pplfirst.com)
- 🌐 [pplfirst.com](http://pplfirst.com)
- ★ Take the quiz [here](#) or scan the QR code below ↓



# Supporting your new role as an employer



If you have an Intellectual or Developmental Disability (I/DD) and are an existing Oregon FMAS participant, we offer **Employer Enhanced Services (EES)**.

These services offer three levels of support – from a self-serve library of resources to 1-on-1 individualized support – EES services are tailored to meet your needs and are at no cost to you or your plan.

- **Funded by ODDS directly to PPL**
- **Remote and in-person options**
- **No cost to you**

## Eligibility

- ✓ Must be enrolled in FMAS program
- ! Cannot be enrolled in ERC and EES

## With Employer Enhanced Services (EES), you will learn about...

- Job descriptions
- Using **Carina** - Oregon's Personal Support Worker (PSW) recruiting app
- Finding & Recruiting PSWs
- Interviewing & Selecting PSWs
- Conducting reference checks
- Creating and maintaining a schedule that meets your needs
- What to do if your PSW doesn't come to work on time
- The importance of documenting services provided to you

If you are an existing Oregon FMAS participant with I/DD, and want to find out if EES is right for you, start [here](#) →



## Contact Information

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- 🌐 [pplfirst.com](http://pplfirst.com)

