



# What Is New York CDPAP?

The Consumer Directed Personal Assistance Program (CDPAP) is a home care option for people who live in New York and have Medicaid. It is a program that allows people to choose their caregiver, and the caregiver gets paid to help them.

## Getting Started with CDPAP

To receive services in CDPAP, you need approval from a Local Department of Social Services (LDSS) or a Medicaid Managed Care Organization (MCO). An MCO is also known as a health plan.

If you already had an assessment, contact your health plan or LDSS. If you have not had an assessment or do not know where you are in the process, contact the New York Independent Assessor Program (NYIAP) at 1-855-222-8350 (TTY 1-888-329-1541).

After your assessment, NYIAP will send you a letter explaining the results. If you already chose a health plan or LDSS, you can contact them for next steps. If you did not choose a health plan or LDSS yet, review the options and select the one that meets your needs best. Then, contact that health plan or LDSS to complete the next steps.

Once PPL gets a referral or authorization from your health plan or LDSS, PPL will contact you to complete the registration process.

## Who is PPL?

PPL works with the New York State Department of Health to help consumers with their CDPAP services. You can learn more about PPL and CDPAP at [pplfirst.com/cdpap](https://pplfirst.com/cdpap) or call PPL at 1-833-247-5346 (TTY 1-833-204-9042).

